

EBENEFITS: THE BENEFITS OF THE SYSTEM

Do you use eBenefits? Do you know the benefits of eBenefits? Ebenefits was designed to help Veterans know more about what is going on with their VA benefits. This includes healthcare, claim status, education, and other great resources.

Ebenefits can help you interact with your doctors, through My Healthy Vet. This system, a part of eBenefits, lets you check on appointments, make appointments, refill prescriptions and it even has a secure chat where you can talk directly with your doctor. You can also access your lab work and some medical records.

Ebenefits also allows you to file claims, check status of claims and add dependents to your award. If a dependent is added on through eBenefits the Veterans file will be updated automatically. This means that the dependent will be seen on the next check. This is a great improvement over the way that things had been previously decided.

The VA is trying to make a more user friendly system to help Veterans streamline the claims process. eBenefits is a one stop shop to all your VA needs.

To get started using eBenefits you will first need to obtain a pin number. This number can be obtained from your local VA medical center or Regional Office.



Valentines for Veterans

The Week of February 14 each year is your opportunity to say Thank You to a special group of men and women, more than 98,000 Veterans of the US Armed Services who are cared for every day in VA medical centers, outpatient clinics, domiciliaries and nursing homes throughout the country.

The VA invites individuals, Veterans groups, military personnel, civic organizations, businesses, schools, and local media to participate in a variety of activities at the VA Medical Centers. Activities include special ward visits and Valentine distributions, school essay contests, and special recreation activities.

Contact your local VA Medical Center for a listing of events and volunteer opportunities.

FEBRUARY 2015

FEBRUARY IS BLACK HISTORY MONTH

This country is what it is today due in part to the sacrifices of men like Colonel Charles A. Young (left) and Lieutenant Vernon Baker (right).

Colonel Young was the third African American to graduate from West Point. He served in the 9th and 10th Cavalry Regiments and retired as a Colonel in 1917.

World War II Veteran and Medal of Honor recipient Vernon Baker killed nine German soldiers near the town of Viareggio, Italy. He knocked out four machine guns, drew fire upon himself to help evacuate others in his unit and led his battalion through a minefield while under enemy fire.

As Americans we need to reflect on the rich history and accomplishments of our Black American leaders, both military and civilian, who made this country what it is today.



African American
HISTORY MONTH

#HONORINGVETS

FEBRUARY 2015



Job Opportunities



**ARE YOU OR SOMEONE YOU KNOW READY
TO START 2015 WITH A CAREER CHANGE
FOR A SUCCESSFUL FUTURE?
AND READY TO JOIN A GROWING AND
DIVERSIFIED COMPANY?**

We are currently seeking new team members with
excellent work records
to join one of our multiple locations.

Qualified candidates can apply in person at the
HSM Regional HR Office located at 160
McDonald Parkway SE in Hickory, NC. (Located
in our Metal / Spring Plants Complex)

HSM is committed to hiring and retaining a
diverse workforce. We are an Equal
Opportunity/Affirmative Action Employer of
Minorities/Women/Individuals with
Disabilities/Protected Veterans/Diverse Gender
Identity & Sexual Orientation. For our complete
EEO/Diversity statement, please visit:
[http://www.hsmsolutions.com/career-
opportunities/](http://www.hsmsolutions.com/career-opportunities/).

***Let HSM Help You, Your Family And
Friends Build That Successful Future In
Manufacturing!***

A New and Improved VA Prescription Label

The VA asked hundreds of Veterans
what they did and didn't like about their
VA prescription labels, and they
listened.

The VA has made several changes to
the prescription label itself. Of these
changes include the following:

- **Your name has been moved to
the top of the label**
- **Directions on how to take your
medicine are now larger and
bolder**
- **The date the prescription can
be refilled is now clearly stated**

The new design now makes it easier to
identify important safety information
regarding your prescriptions.